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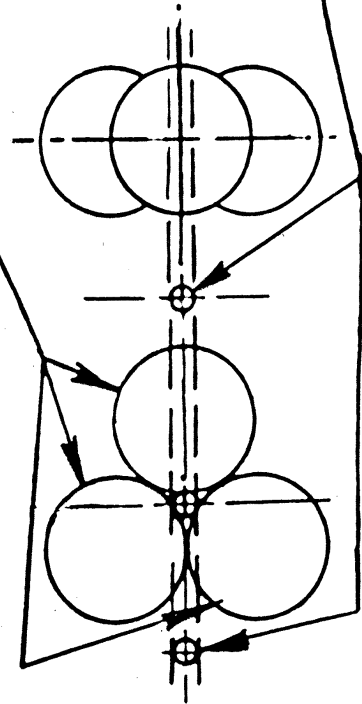
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Two very small spheres shown, each barely fitting through 'donut hole' at center of a big 3-sphere pattern of 3 big touching nucleons. If each of the big 3 nucleons has a relative mass of '1.004977366 u'; then the total mass of the two very small spheres (each barely fitting through the pattern's hole) = **0.00744152 u**.**

Three nucleons of light isotope 'Helium-3', with each nucleon having an average mass or vol. = $3.0160293 \text{ u} - (2) \times 0.000548580 \text{ u}$
(3) nucleons

equals an ave. mass or vol. (for each big nucleon) of 1.004977366 u.

In the above expression, the relative total mass or vol. of (2) electrons, Ref. '(2) x 0.000548580 u', was subtracted from the mass or vol. of Helium-3, Ref. '3.0160293 u', because (2) of the electrons of Helium-3 are orbiting its nucleus, instead of adding to the nucleus' mass or vol.



Compare that est. above (Ref. **0.0744152 u****) to our e,p based Binding Energy result, determined as follows:

Relative mass of the starting ingredients, before fusion, are (3) Hydrogen-1 atoms each of mass 1.007825032 u and net neutral charge:
So $(3) \times 1.007825032 \text{ u} = 3.0234751 \text{ u}$;
and mass of final fused neutral Helium-3 atom made = 3.0160293 u;
Difference (i.e., before - after) is relative mass or vol. = **0.0074458 u**;***

Note: Our theorized mass loss (est.), Ref. **0.00744152 u****, is very close to the e,p based 'Binding Energy', Ref. 0.00744580 u;***, an error of only about -0.00000428 u , or 0.06% error.

Fig. 2; Three Spheres or Nucleons – in a '1 Triangular plane', having about $\frac{1}{4}$ th the 'binding energy' of four nucleons in a tetrahedral array with '4 Triangular planes'. (Also see Fig. 3.)